



**B-Human Chorionic Gonadotropin, Follicle Stimulating Hormone, Luteinizing Hormone, Prolactin Hormone Sequential (hCG/FSH/LH/PRLs VAST®) Fertility Panel Test System**  
**Product Code: 8325-300**

**1.0 INTRODUCTION**

**Intended Use: The Quantitative Determination of HCG, PRL, LH and FSH Concentration in Human Serum and Plasma by a Microplate Enzyme Immunoassay, Colorimetric**

**2.0 SUMMARY AND EXPLANATION OF THE TEST**

Human chorionic gonadotropin (hCG) concentration increases dramatically in blood and urine during normal pregnancy. hCG is secreted by placental tissue, beginning with the primitive trophoblast, almost from the time of implantation, and serves to support the corpus luteum during the early weeks of pregnancy. hCG or hCG similar glycoproteins can also be produced by a wide variety of trophoblastic and nontrophoblastic tumors. The measurement of hCG, by assay systems with suitable sensitivity and specificity has proven great value in the detection of pregnancy and the diagnosis of early pregnancy disorders. hCG is detectable as early as 10 days after ovulation, reaching 100 mIU/ml by the first missed period. A peak of 50,000 to 100,000mIU/ml is attained by the third month, then a gradual decline is observed.<sup>2,3</sup>

Prolactin hormone (PRL), secreted from the lactotrophs of the anterior pituitary, is a protein consisting of a single polypeptide chain containing approximately 200 amino acids. The primary biological action of the hormone is on the mammary gland where it is involved in the growth of the gland and in the induction and maintenance of milk production. There is evidence to suggest that prolactin may be involved in steroidogenesis in the gonad, acting synergistically with luteinizing hormone (LH). High levels of prolactin appear to inhibit steroidogenesis as well as inhibiting LH and follicle stimulating hormone (FSH) synthesis at the pituitary gland.<sup>1,2</sup> The clinical usefulness of the measurement of prolactin hormone (PRL) in ascertaining the diagnosis of hyperprolactinemia and for the subsequent monitoring the effectiveness of the treatment has been well established.<sup>3,4</sup>

Luteinizing hormone (LH) is a glycoprotein consisting of two subunits with a molecular mass of 30,000 daltons. The  $\alpha$ -subunit is similar to other pituitary hormones [follicle stimulating hormone (FSH), thyroid stimulating hormone (TSH) and chorionic gonadotropin (CG)] while the  $\beta$ -subunit is unique. The  $\beta$ -subunit confers the biological activity to the molecule. The  $\alpha$ -subunit consists of 89 amino acid residues while the  $\beta$ -subunit contains 129 amino acids. The carbohydrate content is between 15% and 30%.

Follicle Stimulating hormone (FSH) is a glycoprotein consisting of two subunits with an approximate molecular mass of 35,500 daltons. The  $\alpha$ -subunit is similar to other pituitary hormones [luteinizing stimulating hormone (LH), thyroid stimulating hormone (TSH) and chorionic gonadotropin (CG)] while the  $\beta$ -subunit is unique. The  $\beta$ -subunit confers the biological activity to the molecule. Stimulation by gonadotropin-releasing hormone (GnRH) causes release of FSH, as well as LH, from the pituitary and is transported by the blood to their sites of action, the testes or ovary.

The clinical usefulness of the measurement of luteinizing hormone (LH) in ascertaining the homeostasis of fertility regulation via the hypothalamic - pituitary - gonadal axis has been well established.<sup>1,2</sup> In addition, the advent of *in vitro* fertilization (IVF) technology to overcome infertility associated problems has provided the impetus for rapid improvement in LH assay methodology from the technically demanding bioassay<sup>3</sup> to the procedurally simple and rapid immunoenzymometric assays.

In men, FSH acts on the Sertoli cells of the testis, stimulating the synthesis of inhibin, which appears to specifically inhibit further FSH secretion, and androgen-binding protein. Thus, it indirectly supports spermatogenesis.<sup>7</sup>

In women, FSH acts on the granulosa cells of the ovary, stimulating steroidogenesis. All ovulatory menstrual cycles have a characteristic pattern of FSH, as well as LH, secretion. The menstrual cycle is divided into a follicular phase and a luteal phase by the midcycle surge of the gonadotropins (LH and FSH). As the follicular phase progresses, FSH concentration decreases. Near the time ovulation occur, about midcycle, FSH peaks (lesser in magnitude than LH) to its highest level.<sup>3</sup>

In this method, hCG/PRL/LH/FSH (referred to as antigens, in the Product Insert) combination calibrator, patient specimen or control is first added to a streptavidin coated well. Biotinylated monoclonal and enzyme labeled antibodies (directed against distinct and different epitopes of the hormones) are added and the reactants mixed. Reaction between the various antibodies (specific to the respective hormones) and native hormones forms a sandwich complex that binds with the streptavidin coated to the well.

In the PRL procedure, a sequential method of antibody addition is followed. That is, the biotinylated antibody is introduced first, and after an appropriate reaction period, the plate is washed. Then an enzyme linked antibody, directed against a different epitope is added and the plate is processed as the other antigens.

After the completion of the required incubation period(s), the antigen antibody enzyme bound conjugate is separated from the unbound enzyme antigen conjugate by aspiration or decantation. The activity of the enzyme present on the surface of the well is quantitated by reaction with a suitable substrate to produce color.

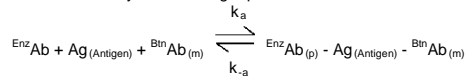
The employment of several serum references of known hormone levels permits construction of a dose response curve of activity and concentration. From comparison to the dose response curve, an unknown specimen's activity can be correlated with the specific hormone concentration.

**3.0 PRINCIPLE**

**Immunoenzymometric assay:**

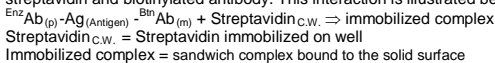
The essential reagents required for an immunoenzymometric assay include high affinity and specificity antibodies (enzyme and immobilized), with different and distinct epitope recognition, **in excess**, and native antigen. In this procedure, the immobilization takes place during the assay at the surface of a microplate well through the interaction of streptavidin coated on the well and exogenously added biotinylated specific monoclonal antibody.

Upon mixing monoclonal biotinylated antibody, the enzyme-labeled antibody and a serum containing the native antigen, reaction results between the native antigen and the antibodies, without competition or steric hindrance, to form a soluble sandwich complex. The interaction is illustrated by the following equation:



$\text{B}^{\text{Ab}}$  = Biotinylated Monoclonal Antibody (Excess Quantity)  
 $\text{Ag}^{\text{(Antigen)}}$  = Native Antigen (Variable Quantity)  
 $\text{Enz}^{\text{Ab}}$  = Enzyme labeled Polyclonal Antibody (Excess Quantity)  
 $\text{Enz}^{\text{Ab}} - \text{Ag}^{\text{(Antigen)}} - \text{B}^{\text{Ab}}$  = Antigen-Antibodies Sandwich Complex  
 $k_a$  = Rate Constant of Association  
 $k_{-a}$  = Rate Constant of Dissociation

Simultaneously, the complex is deposited to the well through the high affinity reaction of streptavidin and biotinylated antibody. This interaction is illustrated below:



For PRL assay, the sequence of addition is separated into two steps. That is, the biotinylated antibody binds to the prolactin antigen and is simultaneously deposited to the well surface. The second incubation initiates the binding of the enzyme linked antibody to the antigen bound through the biotinylated antibody on the well.

After equilibrium is attained, the antibody-bound fraction is separated from unbound antigen by decantation or aspiration. The enzyme activity in the antibody-bound fraction is directly proportional to the native antigen concentration. By utilizing several different serum references of known antigen values, a dose response curve can be generated from which the antigen concentration of an unknown can be ascertained.

**4.0 MATERIALS**

**Reagents for 2 X 96 well Microplate, provided**

**A. Combi-Cal™ FSH/LH/hCG/sPRL Calibrators - 1ml/vial - Icons A-F**

Six (6) vials of references for antigens at levels indicated below. A preservative has been added. The calibrators, human serum based, were calibrated using a reference preparations indicated in the chart.

Antigen	hCG (mIU/ml)	hLH (mIU/ml)	PRL (ng/ml)	FSH (mIU/ml)
A	0	0	0	0
B	25	5	10	5
C	100	25	25	10
D	250	50	50	25
E	500	100	100	50
F	1000	200	250	100
Ref #	3 <sup>rd</sup> IS (75/537)	1 <sup>st</sup> IRP (68/40)	3 <sup>rd</sup> IS (84/500)	2 <sup>nd</sup> IRP (78/549)

**B. hCG Enzyme Reagent — 13ml/vial — Icon**

One (1) vial containing enzyme labeled antibody and biotinylated monoclonal mouse IgG specific for hCG in buffer, blue dye, and preservative. Store at 2-8°C.

**C. PRL Biotin Reagent - 13ml/vial — Icon**

One (1) vial containing biotin labeled antibody specific for PRL in buffer, green dye, and preservative. Store at 2-8°C.

**D. PRL Enzyme Reagent - 13ml/vial — Icon**

One (1) vial containing enzyme labeled antibody specific for PRL in buffer, red dye, and preservative. Store at 2-8°C.

**E. LH Enzyme Reagent - 13ml/vial — Icon**

One (1) vial containing enzyme labeled antibody and biotinylated monoclonal mouse IgG specific for hLH in buffer, yellow dye, and preservative. Store at 2-8°C.

**F. FSH Enzyme Reagent - 13ml/vial - Icon**

One (1) vial containing enzyme labeled antibody and biotinylated monoclonal mouse IgG specific for FSH in buffer, green dye, and preservative. Store at 2-8°C.

**G. Wash Solution Concentrate — 20 ml/vial - Icon**

One (1) vial containing a surfactant in buffered saline. A preservative has been added. Store at 2-30°C.

**H. Substrate Solution A — 2 x 7ml/vial - Icon**

Two (2) vials containing tetramethylbenzidine (TMB) in acetate buffer. Store at 2-8°C.

**I. Substrate Solution B — 2 x 7 ml/vial — Icon**

Two (2) vials containing hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) in acetate buffer. Store at 2-8°C.

**J. Streptavidin Coated Microwells — 2 x 96wells — Icon**

Two (2) 96-well microplates coated with streptavidin and packaged in an aluminum bag with a drying agent. Store at 2-8°C.

**K. Stop Solution — 2 x 8.0ml/vial - Icon**

Two (2) vials containing a strong acid (1N HCL). Store at 2-8°C.

**L. Product Insert**

**Note 1:** Do not use reagents beyond the kit expiration date.

**Note 2:** Opened reagents are stable for sixty (60) days when stored at 2-8°C.

**Required But Not Provided:**

- Pipette(s) capable of delivering 0.025ml (25µl) and 0.050ml (50µl) volumes with a precision of better than 1.5%.
- Dispenser(s) for repetitive deliveries of 0.100ml (100µl) and 0.350ml (350µl) volumes with a precision of better than 1.5% (optional).
- Microplate washers or a squeeze bottle (optional).
- Microplate Luminometer.
- Container(s) for mixing of reagents (see below).
- Absorbent Paper for blotting the microplate wells.
- Plastic wrap or microplate cover for incubation steps.
- Vacuum aspirator (optional) for wash steps.
- Timer.
- Storage container for storage of wash buffer.
- Distilled or deionized water.

**5.0 PRECAUTIONS**

**For In Vitro Diagnostic Use  
Not for Internal or External Use in Humans or Animals**

All products that contain human serum have been found to be non-reactive for Hepatitis B Surface Antigen, HIV 1&2 and HCV Antibodies by FDA required tests. Since no known test can offer complete assurance that infectious agents are absent, all human serum products should be handled as potentially hazardous and capable of transmitting disease. Good laboratory procedures for handling blood products can be found in the Center for Disease Control / National Institute of Health, "Biosafety in Microbiological and Biomedical Laboratories," 2nd Edition, 1988, HHS

**Safe disposal of kit components must be according to local regulatory and statutory requirement.**

**6.0 SPECIMEN COLLECTION AND PREPARATION**

The specimens shall be blood, serum in type and the usual precautions in the collection of venipuncture samples should be observed. The blood should be collected in a plain redcap venipuncture tube without additives. Allow the blood to clot. Centrifuge the specimen to separate the serum from the cells.

**In patients receiving therapy with high biotin doses (i.e. >5mg/day), no sample should be taken until at least 8 hours after the last biotin administration, preferably overnight to ensure fasting sample.**

Samples may be refrigerated at 2-8°C for a maximum period of five (5) days. If the specimen(s) can not be assayed within this time, the sample(s) may be stored at temperatures of -20°C for up to 30 days. Avoid repetitive freezing and thawing. When assayed in duplicate, 0.100ml (100µl) of the specimen is required for LH and FSH. For prolactin and hCG, 0.050ml (50µl) of sample is needed.

**7.0 QUALITY CONTROL**

Each laboratory should assay controls at levels in the low, normal and elevated range for monitoring assay performance. These controls should be treated as unknowns and values determined in every test procedure performed. Quality control charts should be maintained to follow the performance of the supplied reagents. Pertinent statistical methods should be employed to ascertain trends. Significant deviation from established performance can indicate unnoticed change in experimental conditions or degradation of kit reagents. Fresh reagents should be used to determine the reason for the variations

**8.0 REAGENT PREPARATION**

**1. Wash Buffer**

Dilute contents of Wash Concentrate to 1000ml with distilled or deionized water in a suitable storage container. Store at room temperature until expiration date printed on concentrate label.

**2. Working Substrate Solution — Stable for one year**

Pour the contents of the amber vial labeled Solution 'A' into the clear vial labeled solution 'B.' Place the yellow cap on the clear vial for easy identification. Mix and label accordingly. Store at 2 - 8°C.

**Note 1: Do not use the working substrate if it looks blue.**

**Note 2: Do not use reagents that are contaminated or have bacteria growth.**

**9.0 TEST PROCEDURE (HCG, LH & FSH)**

*Before proceeding with the assay, bring all reagents, serum reference calibrators and controls to room temperature (20 - 27° C).*

- Format the microplates' wells for each serum reference calibrator, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**
- 2A. For HCG:** Pipette 0.025ml (25µl) of the appropriate serum reference, control or specimen into the assigned well.
- 2B. For LH and FSH:** Pipette 0.050ml (50µl) of the appropriate serum reference, control or specimen into the assigned well.
- Add 0.100ml (100 µl) of the appropriate enzyme reagent to each well. **It is very important to use the right 'Enzyme Reagent' for each assay for correct results.**
- Swirl the microplate gently for 20-30 seconds to mix and cover.
- Incubate 60 minutes at room temperature for **LH** and/or **FSH** or 20 minutes for **hCG**.
- Discard the contents of the microplate by decantation or aspiration. If decanting, tap and blot the plate dry with absorbent paper.
- Add 0.350ml (350µl) of wash buffer (see Reagent Preparation Section), decant (tap and blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is employed, fill each well by depressing the container (avoiding air bubbles) to dispense the wash. Decant the wash and repeat two (2) additional times.**
- Add 0.100ml (100µl) of substrate solution to all wells. **DO NOT SHAKE THE PLATE AFTER SUBSTRATE ADDITION.**
- Incubate at room temperature for fifteen (15) minutes.
- Add 0.050ml (50µl) of stop solution to each well and mix by rotation so that a uniform yellow color is obtained.
- Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within thirty (30) minutes of adding the stop solution.**

**Note: It is very important to dispense all reagents in the center of the coated well. Always add reagents in the same order to minimize reaction time differences between wells.**

**9.0 TEST PROCEDURE (PROLACTIN)**

- Format the microplates' wells for each serum reference, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**
- Pipette 0.025 ml (25µl) of the appropriate serum reference, control or specimen into the assigned well.
- Add 100µl of the PRL Biotin Reagent to each well. **It is very important to use the right 'Enzyme Reagent' for each assay for accurate results.**
- Swirl the microplate gently for 20-30 seconds to mix and cover.
- Incubate 30 minutes at room temperature.
- Discard the contents of the microplate by decantation or aspiration. If decanting, tap and blot the plate dry with absorbent paper.
- Add 0.350ml (350µl) of wash buffer (see Reagent Preparation Section), decant (tap and blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is employed, fill each well by depressing the container (avoiding air bubbles) to dispense the wash. Decant the wash and repeat two (2) additional times.**
- Add 0.100ml (100µl) of the Prolactin Enzyme Reagent to each well.
- Incubate 30 minutes at room temperature.
- Follow steps 6 through 10 as outlined in the procedure for HCG, LH & FSH above.

**10.0 CALCULATION OF RESULTS**

A dose response curve is used to ascertain the concentration of each corresponding hormone in unknown specimens.

- Record the absorbance obtained from the printout of the microplate reader as outlined in Example 1.
- Plot the absorbance for each duplicate serum reference versus the corresponding antigen concentration in appropriate units on linear graph paper (do not average the duplicates of the serum references before plotting).
- Draw the best-fit curve through the plotted points.
- To determine the concentration of corresponding hormone for an unknown, locate the average absorbance of the duplicates for each unknown on the vertical axis of the graph, find the intersecting point on the curve, and read the concentration (in relative units) from the horizontal axis of the graph.

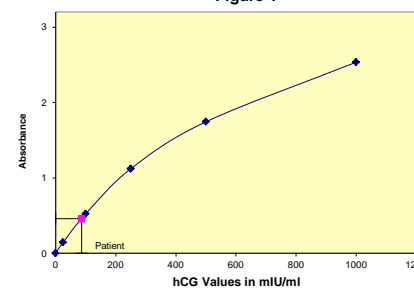
**\*Note: Computer data reduction software designed for ELISA assays may also be used for the data reduction.**

\*The data presented in the following Examples2 and Figures is for illustration only and **should not** be used in lieu of a dose response curve prepared with each assay.

**Example 1 (hCG)**

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (mIU/ml)
Cal A	A1	0.001	0.002	0
	B1	0.002		
Cal B	C1	0.144	0.146	25
	D1	0.147		
Cal C	E1	0.546	0.523	100
	F1	0.500		
Cal D	G1	1.109	1.122	250
	H1	1.136		
Cal E	A2	1.761	1.745	500
	B2	1.728		
Cal F	C2	2.530	2.536	1000
	D2	2.542		
Ctrl 1	E2	0.035	0.034	5.7
	F2	0.033		
Ctrl 2	G2	0.637	0.653	128.8
	H2	0.669		
Patient	A3	0.455	0.461	86.4
	B3	0.466		

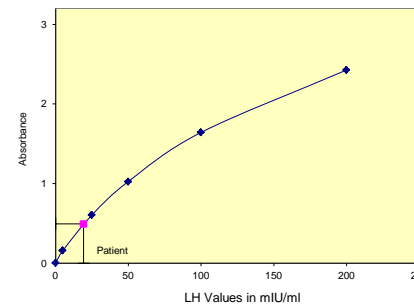
**Figure 1**



**Example 2 (hLH)**

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (mIU/ml)
Cal A	A1	0.015	0.012	0
	B1	0.010		
Cal B	C1	0.161	0.158	5
	D1	0.155		
Cal C	E1	0.595	0.605	25
	F1	0.615		
Cal D	G1	1.001	1.026	50
	H1	1.051		
Cal E	A2	1.627	1.643	100
	B2	1.660		
Cal F	C2	2.364	2.427	200
	D2	2.490		
Ctrl 1	E2	0.085	0.080	2.11
	F2	0.075		
Ctrl 2	G2	0.590	0.581	23.7
	H2	0.572		
Patient	A3	0.494	0.495	19.3
	B3	0.495		

**Figure 2**

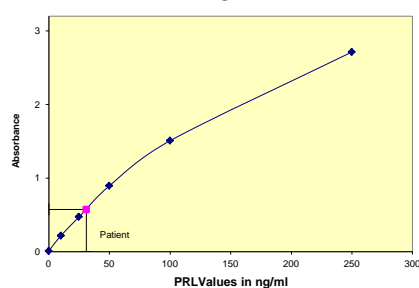


**Example 3 (Prolactin)**

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (ng/ml)
Cal A	A1	0.012	0.010	0
	B1	0.007		
Cal B	C1	0.235	0.219	10
	D1	0.202		
Cal C	E1	0.482	0.474	25
	F1	0.465		
Cal D	G1	0.883	0.896	50
	H1	0.910		
Cal E	A2	1.537	1.508	100
	B2	1.480		
Cal F	C2	2.760	2.714	250
	D2	2.669		
Ctrl 1	E2	0.100	101	4.2
	F2	0.102		
Ctrl 2	G2	0.293	0.277	13.2
	H2	0.261		
Patient	A3	0.610	0.576	31.1
	B3	0.543		



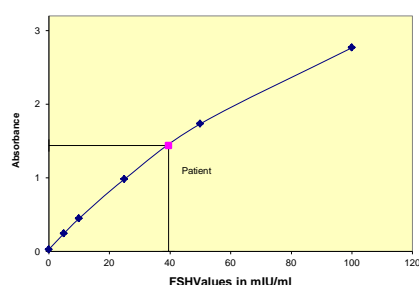
Figure 3



Example 4 (FSH)

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (mIU/ml)
Cal A	A1	0.027	0.027	0
	B1	0.028		
Cal B	C1	0.243	0.244	5
	D1	0.245		
Cal C	E1	0.450	0.448	10
	F1	0.446		
Cal D	G1	0.967	0.983	25
	H1	0.999		
Cal E	A2	1.704	1.734	50
	B2	1.763		
Cal F	C2	2.786	2.768	100
	D2	2.751		
Ctrl 1	E2	0.171	0.172	3.31
	F2	0.173		
Ctrl 2	G2	0.612	0.581	13.51
	H2	0.551		
Patient	A3	1.457	1.440	39.51
	B3	1.423		

Figure 4



### 11.0 Q.C. PARAMETERS

In order for the assay results to be considered valid the following criteria should be met:

- The absorbance (OD) of the highest calibrator of any antigen should be  $\geq 1.3$  absorbance units.
- Four out of six quality control pools should be within the established ranges.

### 12.0 RISK ANALYSIS

The MSDS and Risk Analysis Form for this product are available on request from Monobind Inc.

#### 12.1 Assay Performance

- It is important that the time of reaction in each well is held constant to achieve reproducible results.
- Pipetting of samples should not extend beyond ten (10) minutes to avoid assay drift.
- Highly lipemic, hemolyzed or grossly contaminated specimen(s) should not be used.
- If more than one (1) plate is used, it is recommended to repeat the dose response curve.
- The addition of substrate solution initiates a kinetic reaction, which is terminated by the addition of the stop solution. Therefore, the substrate and stop solution should be added in the same sequence to eliminate any time-deviation during reaction.
- Plate readers measure vertically. Do not touch the bottom of the wells.
- Failure to remove adhering solution adequately in the aspiration or decantation wash step(s) may result in poor replication and spurious results.
- Use components from the same lot. No intermixing of reagents from different batches.
- Accurate and precise pipetting, as well as following the exact time and temperature requirements prescribed are essential. Any deviation from Monobind's IFU may yield inaccurate results.
- All applicable national standards, regulations and laws, including, but not limited to, good laboratory procedures, must be strictly followed to ensure compliance and proper device usage.
- It is important to calibrate all the equipment e.g. Pipettes, Readers, Washers and/or the automated instruments used with this device, and to perform routine preventative maintenance.
- Risk Analysis- as required by CE Mark IVD Directive 98/79/EC - for this and other devices, made by Monobind, can be requested via email from [Monobind@monobind.com](mailto:Monobind@monobind.com).

#### 12.2 Interpretation

- Laboratory results alone are only one aspect for determining patient care and should not be the sole basis for therapy, particularly if the results conflict with other determinants.
- For valid test results, adequate controls and other parameters must be within the listed ranges and assay requirements.
- The reagents for the test system have been formulated to eliminate maximal interference; however, potential interaction between rare serum specimens and test reagents can cause erroneous results. Heterophilic antibodies often cause these interactions and have been known to be problems for all kinds of immunoassays (Boscato LM, Stuart MC. "Heterophilic antibodies: a problem for all immunoassays" Clin. Chem. 1988:3427-33). For diagnostic purposes, the results from this assay should be in combination with clinical examination, patient history and all other clinical findings.
- If test kits are altered, such as by mixing parts of different kits, which could produce false test results, or if results are incorrectly interpreted, **Monobind shall have no liability.**
- If computer controlled data reduction is used to interpret the results of the test, it is imperative that the predicted values for the calibrators fall within 10% of the assigned concentrations.
- False positive results may occur in the presence of a wide variety of trophoblastic and nontrophoblastic tumors that secrete hCG. Therefore, the possibility of hCG secreting neoplasia should be eliminated prior to diagnosing pregnancy.
- Also, false positive results may be seen when assaying specimens from individuals taking the drugs Pergonal\* and Clomid\*\*. Additionally Pergonal will often be followed with an injection of hCG.
- Spontaneous microabortions and ectopic pregnancies will tend to have values which are lower than expected during a normal pregnancy while somewhat higher values are often seen in multiple pregnancies.<sup>4,5,6</sup>
- Following therapeutic abortion, detectable hCG may persist for as long as three to four weeks. The disappearance rate of hCG, after spontaneous abortion, will vary depending upon the quantity of viable residual trophoblast.<sup>4,5,6,7</sup>
- LH /FSH is suppressed by estrogen but in woman taking oral contraceptives the level may be low or normal. Excessive dieting and weight loss may lead to low gonadotropin concentrations.
- LH / FSH hormone(s) are dependent upon diverse factors other than pituitary homeostasis. Thus, the determination alone is not sufficient to assess clinical status.

### 13.0 EXPECTED VALUES (HCG)

A study of non-pregnant females and adult males was undertaken to determine expected values for hCG in Fertility Panel AccuBind® ELISA Test System. The mean (X) values, standard deviations ( $\sigma$ ) and expected ranges ( $\pm 2\sigma$ ) are presented in Table 1.

TABLE 1  
Expected Values for the hCG

Number	125
Mean (x)	2.9
Standard Deviation ( $\sigma$ )	1.4
Expected Ranges ( $\pm 2\sigma$ )	0.1-5.7

Expected levels for hCG during normal pregnancy<sup>7</sup> are listed in Table 2.

TABLE 2  
Expected Values for hCG levels (3<sup>rd</sup> IS 75/537) during normal pregnancy (in mIU/ml)

1 <sup>st</sup> week	10-30
2 <sup>nd</sup> week	30-100
3 <sup>rd</sup> week	100-1000
4 <sup>th</sup> week	1000-10,000
2 <sup>nd</sup> & 3 <sup>rd</sup> month	30,000-100,000
2 <sup>nd</sup> trimester	10,000-30,000
3 <sup>rd</sup> trimester	5,000-15,000

### 14.0 EXPECTED VALUES (LH, FSH & PRL)

A study of an apparent normal adult population was undertaken to determine expected values for LH and FSH in the Fertility Panel AccuBind® ELISA Test System. The expected values are presented in Table 3.

TABLE 3  
Expected Values for the LH, FSH & PRL

	LH	PRL	FSH
Women		Adult	
Follicular Phase	0.8-10.5	1.2-19.2	3.0-12.0
Midcycle	18.4-61.3		8.0-22.0
Luteal Phase	0.8-10.5		2.0-12.0
Postmenopausal	8.2 -40.8		35 - 151
Men	0.7-7.4	1.8- 17.0	1.0-14.0

It is important to keep in mind that establishment of a range of values which can be expected to be found by a given method for a population of "normal"-persons is dependent upon a multiplicity of factors: the specificity of the method, the population tested and the precision of the method in the hands of the analyst. For these reasons each laboratory should depend upon the range of expected values established by the Manufacturer only until an in-house range can be determined by the analysts using the method with a population indigenous to the area in which the laboratory is located.

### 15.0 PERFORMANCE CHARACTERISTICS

#### A. Precision

The within and between assay precision of LH in the Fertility Panel AccuBind® ELISA Test System were determined by analyses on three different levels of control sera. The number, mean value, standard deviation and coefficient of variation for each of these control sera are presented in Table 4 and Table 5.

TABLE 4  
Within Assay Precision - Values in mIU/ml hCG-LH-FSH  
Values in ng/ml PRL  
20 Replicates/level

Level 1	hCG	LH	PRL	FSH
Mean	8.5	2.8	10.6	5.9
$\sigma$	0.54	0.15	0.35	0.25
CV	6.32%	5.4%	3.3a%	5.4%

Level 2	hCG	LH	PRL	FSH
Mean	40.0	15.2	28.6	16
$\sigma$	2.4	0.65	0.84	0.68
CV	6.0%	4.2%	3.0%	4.3%

Level 1	hCG	LH	PRL	FSH
Mean	178	44.5	77.5	41.3
$\sigma$	9.7	1.02	1.93	1.18
CV	5.5%	2.3%	2.5%	2.9%

TABLE 5  
Between Assay Precision - Values in mIU/ml hCG-LH-FSH  
Values in ng/ml PRL

Level 1	hCG	LH	PRL	FSH
Mean	8.2	3.1	11.5	5.9
$\sigma$	0.73	0.17	0.19	0.41
CV	8.9%	5.5%	1.7%	6.9%

Level 2	hCG	LH	PRL	FSH
Mean	41.4	15.4	27.8	15.9
$\sigma$	3.7	0.81	0.50	0.48
CV	9.0%	5.3%	2.3%	3.0%

Level 1	hCG	LH	PRL	FSH
Mean	186	43.4	78.5	40.9
$\sigma$	11.2	1.52	2.32	1.48
CV	6.0%	3.5%	3.0%	3.6%

#### B. Accuracy

LH in the Fertility Panel AccuBind® ELISA Test System was compared with a reference method. Biological specimens from normal and pregnant populations were assayed. The total number of such specimens was 110. The least square regression equation and the correlation coefficient were computed for the LH Elisa in comparison with the reference method. The data obtained is displayed in Table 6.

Method	Mean (x)	Least Square Regression Analysis	Correlation Coefficient
Monobind	14.8	$y=0.081+0.93(x)$	0.989
Reference	15.1		

Only slight amounts of bias between the LH in the Fertility Panel AccuBind® ELISA Test System procedure and the reference method are indicated by the closeness of the mean values. The least square regression equation and correlation coefficient indicates excellent method agreement.

FSH in the Fertility Panel AccuBind® ELISA Test System was compared with a reference method. Biological specimens from low and elevated populations were used (The values ranged from 0.1mIU/ml – 133mIU/ml). Values outside the highest calibrator were measured by dilution with 0 calibrator and multiplication by the dilution factor. The total number of such specimens was 128. The least square regression equation and the correlation coefficient were computed for FSH in the Fertility Panel AccuBind® ELISA test system in comparison with the reference method. The data obtained is displayed in Table 7.

Method	Mean (x)	Least Square Regression Analysis	Correlation Coefficient
Monobind	18.0	$y=0.93(x)-1.5$	0.994
Reference	21.0		

hCG in the Fertility Panel AccuBind® ELISA test system was compared with a reference method. Biological specimens from normal and pregnant populations were assayed. The total number of such specimens was 110. The least square regression equation and the correlation coefficient were computed for hCG ELISA in comparison with the reference method. The data obtained is displayed in Table 8.

Method	Mean (x)	Least Square Regression Analysis	Correlation Coefficient
Monobind	14.8	$y=0.081+0.93(x)$	0.989
Reference	15.1		

Only slight amounts of bias between the ELISA hCG procedure and the reference method are indicated by the closeness of the mean values. The least square regression equation and correlation coefficient indicates excellent method agreement.

PRL in the Fertility Panel AccuBind® ELISA Test System was compared with a reference method. Biological specimens from normal and pregnant populations were assayed. The total number of such specimens was 86. The least square regression equation and the correlation coefficient were computed for the PRL ELISA in comparison with the reference method. The data obtained is displayed in Table 9.

Method	Mean (x)	Least Square Regression Analysis	Correlation Coefficient
Monobind	19.0	$y=1.63+1.01(x)$	0.973
Reference	17.3		

Only slight amounts of bias between the PRL procedure and the reference method are indicated by the closeness of mean values. The least square regression equation and the correlation coefficient indicates excellent method agreement.

#### C. Sensitivity

The LH procedure has a sensitivity of 0.025 mIU. This is equivalent to a sample containing 0.5mIU/ml LH concentration.

The FSH procedure has a sensitivity of 0.02mIU. This is equivalent to a sample containing 0.4 mIU/ml FSH concentration. The sensitivity was ascertained by determining the variability of the 0 mIU/ml serum calibrator and using the 2 $\sigma$  (95% certainty) statistic to calculate the minimum dose.

The hCG procedure has a sensitivity of 0.075 mIU. This is equivalent to a sample containing 3mIU/ml hCG concentration.

The PRL procedure has a sensitivity of 0.04ng. This is equivalent to a sample containing 1.6 ng/ml PRL concentration. The sensitivity was ascertained by determining the variability of the 0 mIU/ml serum calibrator and using the 2 $\sigma$  (95% certainty) statistic to calculate the minimum dose.

#### D. Specificity

The cross-reactivity of the LH method to selected substances was evaluated by adding the interfering substance to a serum matrix at various concentrations. The cross-reactivity was calculated by deriving a ratio between dose of interfering substance to dose of Luteinizing Hormone needed to produce the same absorbance.

Substance	Cross Reactivity	Concentration
LH	1.0000	-
$\beta$ -LH subunit	< 0.0001	1000ng/ml
FSH	< 0.0001	1000ng/ml
hCG	< 0.0001	1000ng/ml
TSH	< 0.0001	1000ng/ml

The cross-reactivity of the FSH method to selected substances was evaluated by adding the interfering substance to a serum matrix at various concentrations. The cross-reactivity was calculated by deriving a ratio between doses of interfering substance to dose of Follicle Stimulating Hormone needed to produce the same absorbance.

Substance	Cross Reactivity	Concentration
FSH	1.0000	-
LH	< 0.0001	1000ng/ml
hCG	< 0.0001	1000ng/ml
TSH	< 0.0001	1000ng/ml

The cross-reactivity of the hCG method to selected substances was evaluated by adding the interfering substance to a serum matrix at various concentrations. The cross-reactivity was calculated by deriving a ratio between dose of interfering substance to dose of Chorionic Gonadotropin needed to produce the same absorbance.

Substance	Cross Reactivity	Concentration
Chorionic Gonadotropin (hCG)	1.0000	---
$\beta$ -hCG subunit	< 0.0001	1000ng/ml
Follitropin (FSH)	< 0.0001	1000ng/ml
Lutropin Hormone (LH)	< 0.0001	1000ng/ml
Thyrotropin (TSH)	< 0.0001	1000ng/ml

The cross-reactivity of the PRL method to selected substances was evaluated by adding the interfering substance to a serum matrix at various concentrations. The cross-reactivity was calculated by deriving a ratio between dose of interfering substance to dose of prolactin hormone needed to produce the same absorbance.

Substance	Cross Reactivity	Concentration
Prolactin Hormone (PRL)	1.0000	--
Luteinizing Hormone (LH)	< 0.0001	1000ng/ml
Follitropin (FSH)	< 0.0001	1000ng/ml
Chorionic gonadotropin (CG)	< 0.0001	1000ng/ml
Thyrotropin (TSH)	< 0.0001	1000ng/ml
Growth Hormone (GH)	< 0.0001	1000ng/ml

The low cross reactivity of the antibodies employed in this system permits the use of calibrators due to essentially zero cross reaction (ZCR).

### 16.0 REFERENCES

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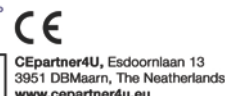
Revision: 5 Date: 2019-Jul-16  
MP8325

DCO: 1353  
Product Code: 8325-300

For Orders and Inquires, please contact

**Monobind Inc.**  
100 North Pointe Drive  
Lake Forest, CA 92630 USA

Tel: +1 949.951.2655 Mail: [info@monobind.com](mailto:info@monobind.com)  
Fax: +1 949.951.3539 Fax: [www.monobind.com](http://www.monobind.com)



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