



## Alpha-Fetoprotein (AFP) Test System Product Code: 1925-300

### 1.0 INTRODUCTION

**Intended Use: The Quantitative Determination of Alpha-Fetoprotein (AFP) Concentration in Human Serum by a Microplate Enzyme Immunoassay, Colorimetric**

### 2.0 SUMMARY AND EXPLANATION OF THE TEST

Alpha-Fetoprotein (AFP) is a glycoprotein with a molecular weight of 70 kDa. AFP is normally produced during fetal development by the hepatocytes, yolk sac and, to a lesser extent, the gastrointestinal tract. Serum concentrations reach a peak level of up to 10 mg/ml at twelve weeks of gestation.<sup>1</sup> This peak level gradually decreases to less than 25 ng/ml after one year of postpartum. Thereafter, the levels reduce further to less than 10 ng/ml.

Elevated levels of AFP are found in patients with primary hepatoma and yolk sac-derived germ tumors. AFP is the most useful marker for the diagnosis and management of hepatocellular carcinoma.<sup>2</sup> AFP is also elevated in pregnant women. Presence of abnormally high AFP concentrations in pregnant women provides a risk marker for Down syndrome.<sup>3</sup>

In this method, AFP calibrator, patient specimen or control is first added to a streptavidin coated well. Biotinylated and enzyme labeled monoclonal antibodies (directed against distinct and different epitopes of AFP) are added and the reactants mixed. Reaction between the various AFP antibodies and native AFP forms a sandwich complex that binds with the streptavidin coated to the well. After the completion of the required incubation period, the enzyme-AFP antibody bound conjugate is separated from the unbound enzyme-AFP conjugate by aspiration or decantation. The activity of the enzyme present on the surface of the well is quantitated by reaction with a suitable substrate to produce color.

The employment of several serum references of known alpha-fetoprotein (AFP) levels permits the construction of a dose response curve of activity and concentration. From comparison to the dose response curve, an unknown specimen's activity can be correlated with AFP concentration.

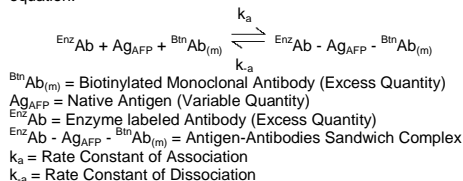
### 3.0 PRINCIPLE

#### Immunoenzymometric assay (TYPE 3):

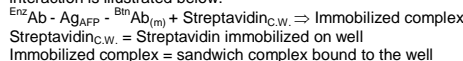
The essential reagents required for an immunoenzymometric assay include high affinity and specificity antibodies (enzyme and immobilized), with different and distinct epitope recognition, **in excess**, and native antigen. In this procedure, the immobilization takes place during the assay at the surface of a microplate well through the interaction of streptavidin coated on the well and exogenously added biotinylated monoclonal anti-AFP antibody.

Upon mixing monoclonal biotinylated antibody, the enzyme-labeled antibody and a serum containing the native antigen, reaction results between the native antigen and the antibodies, without competition or steric hindrance, to form a soluble

sandwich complex. The interaction is illustrated by the following equation:



Simultaneously, the complex is deposited to the well through the high affinity reaction of streptavidin and biotinylated antibody. This interaction is illustrated below:



After equilibrium is attained, the antibody-bound fraction is separated from unbound antigen by decantation or aspiration. The enzyme activity in the antibody-bound fraction is directly proportional to the native antigen concentration. By utilizing several different serum references of known antigen values, a dose response curve can be generated from which the antigen concentration of an unknown can be ascertained.

### 4.0 REAGENTS

#### Materials Provided:

- AFP Calibrators – 1 ml/vial – Icons A-F**  
Six (6) vials of references AFP antigen at levels of 0 (A), 5 (B), 25 (C), 50 (D), 250 (E) and 500 (F)ng/ml. Store at 2-8°C. A preservative has been added.
- AFP Enzyme Reagent – 13ml/vial – Icon E**  
One (1) vial containing enzyme labeled antibody, biotinylated monoclonal mouse IgG in buffer, dye, and preservative. Store at 2-8°C.
- Streptavidin Coated Microplate – 96 wells – Icon J**  
One 96-well microplate coated with streptavidin and packaged in an aluminum bag with a drying agent. Store at 2-8°C.
- Wash Solution Concentrate – 20ml/vial – Icon K**  
One (1) vial containing a surfactant in buffered saline. A preservative has been added. Store at 2-8°C.
- Substrate A – 7ml/vial – Icon S<sup>A</sup>**  
One (1) vial containing tetramethylbenzidine (TMB) in buffer. Store at 2-8°C.
- Substrate B – 7ml/vial – Icon S<sup>B</sup>**  
One (1) vial containing hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) in buffer. Store at 2-8°C.
- Stop Solution – 8ml/vial – Icon T**  
One (1) vial containing a strong acid (1N HCl). Store at 2-8°C.
- Product Instructions.**

- Note 1:** Do not use reagents beyond the kit expiration date.  
**Note 2:** Opened reagents are stable for sixty (60) days when stored at 2-8°C. **Kit and component stability are identified on the label.**  
**Note 3:** Above reagents are for a single 96-well microplate.

#### 4.1 Required But Not Provided:

- Pipette(s) capable of delivering 0.025 & 0.050ml (25 & 50µl) volumes with a precision of better than 1.5%.
- Dispenser(s) for repetitive deliveries of 0.100 & 0.350ml (100 & 350µl) volumes with a precision of better than 1.5%.
- Microplate washers or a squeeze bottle (optional).
- Microplate Reader with 450nm and 620nm wavelength absorbance capability.
- Absorbent Paper for blotting the microplate wells.
- Plastic wrap or microplate cover for incubation steps.
- Vacuum aspirator (optional) for wash steps.
- Timer.
- Quality control materials

### 5.0 PRECAUTIONS

#### For In Vitro Diagnostic Use Not for Internal or External Use in Humans or Animals

All products that contain human serum have been found to be non-reactive for Hepatitis B Surface Antigen, HIV 1&2 and HCV Antibodies by FDA licensed reagents. Since no known test can offer complete assurance that infectious agents are absent, all human serum products should be handled as potentially hazardous and capable of transmitting disease. Good laboratory procedures for handling blood products can be found in the Center for Disease Control / National Institute of Health, "Biosafety in Microbiological and Biomedical Laboratories," 2nd Edition, 1988, HHS Publication No. (CDC) 88-8395.

**Safe disposal of kit components must be according to local regulatory and statutory requirement.**

### 6.0 SPECIMEN COLLECTION AND PREPARATION

The specimens shall be blood, serum in type and the usual precautions in the collection of venipuncture samples should be observed. For accurate comparison to established normal values, a fasting morning serum sample should be obtained. The blood should be collected in a plain redtop venipuncture tube without additives or anti-coagulants. Allow the blood to clot. Centrifuge the specimen to separate the serum from the cells.

**In patients receiving therapy with high biotin doses (i.e. >5mg/day), no sample should be taken until at least 8 hours after the last biotin administration, preferably overnight to ensure fasting sample.**

Samples may be refrigerated at 2-8°C for a maximum period of five (5) days. If the specimen(s) cannot be assayed within this time, the sample(s) may be stored at temperatures of -20 °C for up to 30 days. Avoid use of contaminated devices. Avoid repetitive freezing and thawing. When assayed in duplicate, 0.050ml (50µl) of the specimen is required.

### 7.0 QUALITY CONTROL

Each laboratory should assay controls at levels in the low, normal and elevated range for monitoring assay performance. These controls should be treated as unknowns and values determined in every test procedure performed. Quality control charts should be maintained to follow the performance of the supplied reagents. Pertinent statistical methods should be employed to ascertain trends. Significant deviation from established performance can indicate unnoticed change in experimental conditions or degradation of kit reagents. Fresh reagents should be used to determine the reason for the variations.

### 8.0 REAGENT PREPARATION

- Wash Buffer**  
Dilute contents of wash concentrate to 1000ml with distilled or deionized water in a suitable storage container. Store diluted buffer at 2-30°C for up to 60 days.
- Working Substrate Solution** - Stable for one (1) year  
Pour the contents of the amber vial labeled Solution 'A' into the clear vial labeled Solution 'B'. Place the yellow cap on the clear vial for easy identification. Mix and label accordingly. Store at 2 - 8°C.

**Note 1: Do not use the working substrate if it looks blue.**  
**Note 2: Do not use reagents that are contaminated or have bacteria growth.**

### 9.0 TEST PROCEDURE

*Before proceeding with the assay, bring all reagents, serum reference calibrators and controls to room temperature (20-27°C).*  
**\*\*Test Procedure should be performed by a skilled individual or trained professional\*\***

- Format the microplates' wells for each serum reference calibrator, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**

- Pipette 0.025ml (25µl) of the appropriate serum reference calibrator, control or specimen into the assigned well.
- Add 0.100ml (100µl) of the AFP Enzyme Reagent to each well. **It is very important to dispense all reagents close to the bottom of the coated well.**
- Mix (See Note) the microplate for 20-30 seconds until homogenous.
- Swirl the microplate gently for 20-30 seconds to mix and cover.
- Incubate 60 minutes at room temperature.
- Discard the contents of the microplate by decantation or aspiration. If decanting, tap and blot the plate dry with absorbent paper.
- Add 0.350ml (350µl) of wash buffer (see Reagent Preparation Section), decant (tap and blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is employed, fill each well by depressing the container (avoiding air bubbles) to dispense the wash. Decant the wash and repeat two (2) additional times.**
- Add 0.100ml (100µl) of working substrate solution to all wells (see Reagent Preparation Section). **Always add reagents in the same order to minimize reaction time differences between wells.**  
**DO NOT SHAKE THE PLATE AFTER SUBSTRATE ADDITION**
- Incubate at room temperature for fifteen (15) minutes.
- Add 0.050ml (50µl) of stop solution to each well and mix gently for 15-20 seconds. **Always add reagents in the same order to minimize reaction time differences between wells.**
- Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within thirty (30) minutes of adding the stop solution.**

**Note: Cycle (start and stop) mixing (4 cycles) for 5-8 seconds/cycle is more efficient than one continuous (20-30 seconds) cycle to achieve homogeneity. A plate mixer can be used to perform the mixing cycle.**

### 10.0 CALCULATION OF RESULTS

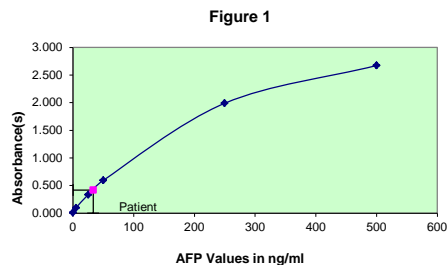
A dose response curve is used to ascertain the concentration of AFP in unknown specimens.

- Record the absorbance obtained from the printout of the microplate reader as outlined in Example 1.
- Plot the absorbance for each duplicate serum reference versus the corresponding AFP concentration in ng/ml on linear graph paper (do not average the duplicates of the serum references before plotting).
- Draw the best-fit curve through the plotted points.
- To determine the concentration of AFP for an unknown, locate the average absorbance of the duplicates for each unknown on the vertical axis of the graph, find the intersecting point on the curve, and read the concentration (in ng/ml) from the horizontal axis of the graph (the duplicates of the unknown may be averaged as indicated). In the following example, the average absorbance (0.420) intersects the dose response curve at 33.2 ng/ml AFP concentration (See Figure 1).

**Note:** Computer data reduction software designed for ELISA assays may also be used for the data reduction. **If such software is utilized, the validation of the software should be ascertained.**

#### EXAMPLE 1

| Sample I.D. | Well Number | Abs (A) | Mean Abs (B) | Value (ng/ml) |
|-------------|-------------|---------|--------------|---------------|
| Cal A       | A1          | 0.012   | 0.011        | 0             |
|             | B1          | 0.011   |              |               |
| Cal B       | C1          | 0.100   | 0.098        | 5             |
|             | D1          | 0.097   |              |               |
| Cal C       | E1          | 0.336   | 0.335        | 25            |
|             | F1          | 0.333   |              |               |
| Cal D       | G1          | 0.612   | 0.594        | 50            |
|             | H1          | 0.577   |              |               |
| Cal E       | A2          | 2.005   | 1.990        | 250           |
|             | B2          | 1.975   |              |               |
| Cal F       | C2          | 2.664   | 2.672        | 500           |
|             | D2          | 2.680   |              |               |
| Patient     | E2          | 0.427   | 0.420        | 33.2          |
|             | F2          | 0.413   |              |               |



\*The data presented in Example 1 and Figure 1 is for illustration only and **should not be used** in lieu of a dose response curve prepared with each assay.

### 11.0 QC PARAMETERS

In order for the assay results to be considered valid the following criteria should be met:

- The absorbance (OD) of calibrator F should be  $\geq 1.3$ .
- The absorbance (OD) of calibrator A should be  $\leq 0.035$ .
- Four out of six quality control pools should be within the established ranges.

### 12.0 RISK ANALYSIS

The MSDS and Risk Analysis Form for this product are available on request from Monobind Inc.

#### 12.1 Assay Performance

- It is important that the time of reaction in each well is held constant to achieve reproducible results.
- Pipetting of samples should not extend beyond ten (10) minutes to avoid assay drift.
- Highly lipemic, hemolyzed or grossly contaminated specimen(s) should not be used.
- If more than one (1) plate is used, it is recommended to repeat the dose response curve.
- The addition of substrate solution initiates a kinetic reaction, which is terminated by the addition of the stop solution. Therefore, the substrate and stop solution should be added in the same sequence to eliminate any time-deviation during reaction.
- Plate readers measure vertically. Do not touch the bottom of the wells.
- Failure to remove adhering solution adequately in the aspiration or decantation wash step(s) may result in poor replication and spurious results.
- Use components from the same lot. No intermixing of reagents from different batches.
- Patient specimens with AFP concentrations above 500 ng/ml may be diluted (for example 1/10 or higher) with normal male serum (AFP < 10 ng/ml) and re-assayed. The sample's concentration is obtained by multiplying the result by the dilution factor (x10).
- Accurate and precise pipetting, as well as following the exact time and temperature requirements prescribed are essential. Any deviation from Monobind's IFU may yield inaccurate results.
- All applicable national standards, regulations and laws, including, but not limited to, good laboratory procedures, must be strictly followed to ensure compliance and proper device usage.
- It is important to calibrate all the equipment e.g. Pipettes, Readers, Washers and/or the automated instruments used with this device, and to perform routine preventative maintenance.
- Risk Analysis- as required by CE Mark IVD Directive 98/79/EC- for this and other devices, made by Monobind, can be requested via email from [Monobind@monobind.com](mailto:Monobind@monobind.com).

#### 12.2 Interpretation

- Measurements and interpretation of results must be performed by a skilled individual or trained professional.
- Laboratory results alone are only one aspect for determining patient care and should not be the sole basis for therapy, particularly if the results conflict with other determinants.

- The reagents for the test system procedures have been formulated to eliminate maximal interference; however, potential interaction between rare serum specimens and test reagents can cause erroneous results. Heterophilic antibodies often cause these interactions and have been known to be problems for all kinds of immunoassays (Boscato LM, Stuart MC. "Heterophilic antibodies: a problem for all immunoassays" *Clin.Chem.* 1988:3427-33). For diagnostic purposes, the results from this assay should be used in combination with clinical examination, patient history and all other clinical findings.

- For valid test results, adequate controls and other parameters must be within the listed ranges and assay requirements.
- If test kits are altered, such as by mixing parts of different kits, which could produce false test results, or if results are incorrectly interpreted, **Monobind shall have no liability**.
- If computer controlled data reduction is used to interpret the results of the test, it is imperative that the predicted values for the calibrators fall within 10% of the assigned concentrations.
- AFP has a low clinical sensitivity and specificity as a tumor marker. Clinically an elevated AFP value alone is not of diagnostic value as a test for cancer and should only be used in conjunction with other clinical manifestations (observations) and diagnostic parameters. AFP levels are known to be elevated in a number of benign diseases and conditions including pregnancy and non-malignant liver diseases such as hepatitis and cirrhosis.

### 13.0 EXPECTED RANGE OF VALUES

Approximately 97-98% of the normal healthy population has AFP levels less than 8.5ng/ml.<sup>4</sup> In high-risk patients, AFP values between 100-350 ng/ml suggest hepatocellular carcinoma. Concentrations over 350 ng/ml usually indicate the disease.

**TABLE 1**  
Expected Values for the AFP AccuBind® ELISA Test System

| Male and Female | <8.5ng/ml (97-98%) |
|-----------------|--------------------|
|-----------------|--------------------|

Values for AFP for a normal, healthy population and pregnant women, during gestation cycle, are given in Table 2. The values depicted below represent limited in house studies in concordance with published literature.<sup>8,9,10</sup>

**TABLE 2**  
Median Values during Gestation.

| Gestation (Week) | AFP (ng/ml) |
|------------------|-------------|
| 15               | 40.14       |
| 16               | 42.91       |
| 17               | 52.34       |
| 18               | 61.50       |
| 19               | 75.57       |
| 20               | 83.31       |
| 21               | 90.46       |

It is important to keep in mind that establishment of a range of values, which can be expected to be found by a given method for a population of "normal" persons, is dependent upon a multiplicity of factors: the specificity of the method, the population tested and the precision of the method in the hands of the analyst. For these reasons, each laboratory should depend upon the range of expected values established by the Manufacturer only until an in-house range can be determined by the analysts using the method with a population indigenous to the area in which the laboratory is located.

### 14.0 PERFORMANCE CHARACTERISTICS

#### 14.1 Precision

The within and between assay precision of the AFP AccuBind® ELISA test system were determined by analyses on three different levels of control sera. The number, mean value, standard deviation and coefficient of variation for each of these control sera are presented in Table 3 and Table 4.

**TABLE 3**  
Within Assay Precision (Values in ng/ml)

| Sample  | N  | X     | σ    | C.V. |
|---------|----|-------|------|------|
| Level 1 | 24 | 14.71 | 0.67 | 4.6  |
| Level 2 | 24 | 71.89 | 2.68 | 3.7  |

**TABLE 4**  
Between Assay Precision\* (Values in ng/ml)

| Level   | N  | X      | σ     | C.V. |
|---------|----|--------|-------|------|
| Level 1 | 30 | 16.20  | 1.41  | 8.7  |
| Level 2 | 30 | 88.26  | 7.47  | 8.5  |
| Level 3 | 30 | 188.43 | 11.92 | 6.3  |

\*As measured in thirty experiments in duplicate.

#### 14.2 Sensitivity

The AFP AccuBind® ELISA Test System has a sensitivity of 0.01 ng. This is equivalent to a sample containing 0.44 ng/ml AFP concentration. The sensitivity (detection limit) was ascertained by determining the variability of the '0 ng/ml' calibrator and using the 2σ (95% certainty) statistic to calculate the minimum dose.

#### 14.3 Accuracy

The AFP AccuBind® ELISA Test System was compared with a reference method. Biological specimens with concentrations ranging from 1.0 to 41 ng/ml were assayed. The total number of such specimens was 42. The least square regression equation and the correlation coefficient were computed for the AFP procedure in comparison with the reference method. The data obtained is displayed in Table 5.

**TABLE 5**

| Method          | Mean | Least Square Regression Analysis | Correlation Coefficient |
|-----------------|------|----------------------------------|-------------------------|
| This Method (Y) | 5.27 | $y = 0.746(x) + 1.0007$          | 0.973                   |
| Reference (X)   | 5.72 |                                  |                         |

Only slight amounts of bias between the AFP AccuBind® ELISA Test System and the reference method are indicated by the closeness of the mean values. The least square regression equation and correlation coefficient indicates excellent method agreement.

#### 14.4 Specificity

No interference was detected with the performance of AFP AccuBind® ELISA Test System upon addition of massive amounts of the following substances to a human serum pool.

| SUBSTANCE             | Cross Reactivity | Concentration |
|-----------------------|------------------|---------------|
| Acetyl/salicylic Acid | ND               | 100 µg/ml     |
| Amethopterin          | ND               | 100 µg/ml     |
| Ascorbic Acid         | ND               | 100 µg/ml     |
| Atropine              | ND               | 100 µg/ml     |
| Caffeine              | ND               | 100 µg/ml     |
| CEA                   | ND               | 10 µg/ml      |
| PSA                   | ND               | 1.0 µg/ml     |
| CA-125                | ND               | 10,000 U/ml   |
| hCG                   | ND               | 1000 IU/ml    |
| hLH                   | ND               | 10 IU/ml      |
| hTSH                  | ND               | 100 mIU/ml    |
| hPRL                  | ND               | 100 µg/ml     |

#### 14.5 Linearity & Hook Effect:

Three different lot preparations of the AFP AccuBind® ELISA test system reagents were used to assess the linearity and hook effect. Massive concentrations of AFP (> 100,000 ng/ml) were used for linear dilutions in pooled human patient sera.

The test showed no hook effect up to concentrations of 10,000 ng/ml and a with a dose recovery of 86.1 to 113.6%.

### 15.0 REFERENCES

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- Tietz NW, ED: *Clinical Guide to Laboratory Tests* 3<sup>rd</sup> Ed, Philadelphia, WA Saunders Co (1995).

Effective Date: 2021-Sep-23  
MP1925

Rev. 8 DCO: 1509  
Product Code: 1925-300

| Size         | 96(A)       | 192(B)   |
|--------------|-------------|----------|
| Reagent (ml) | A) 1ml set  | 1ml set  |
|              | B) 1 (13ml) | 2 (13ml) |
|              | C) 1 plate  | 2 plates |
|              | D) 1 (20ml) | 1 (20ml) |
|              | E) 1 (7ml)  | 2 (7ml)  |
|              | F) 1 (7ml)  | 2 (7ml)  |
|              | G) 1 (8ml)  | 2 (8ml)  |

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